

# Food Alergy Information

The following covers all major allergens including Wheat, Egg Milk, Shellfish, Tree Nuts, Peanuts and Soy.

All of these allergens are present in this facility and cross contamination is possible.

Please alert your cashi er to any food allergi es upon placing your order. So me substitutions may be able to be made to accommodate allergi es.

## **Appetizers**

Arancci ni: Contains Wheat, Nill k, Soy and Egg Ingredients.

\*Avocado Mozzarella Caprese: Contains Wheat, and MIkingredients.

\*Garlic Bread: Contains Wheat and MIIk Ingredients.

\*Fries: Contains Wheat.

## Si des

\*\*Roasted Rose mary Potatoes: No Major Allergens.

\*\*Cole Slaw No Major Allergens.

\* Mac and Cheese: Contains Wheat, and Milk Ingredients.

\*Pot at o Sal ad: Contains Nill k, and Egg Ingredients.

- \*\*Tuscan Pasta Salad: Contains Wheat Ingredients.
  - \*Pasta Salad: Contains Nilk and Egg Ingredients.
- \* Garlic Mashed Potatoes: Contains Milkingredients.
  - \*\*Seasoned Rice: No Major Allergens.
  - \*\*Veggies of the Day: No Major Allergens.
  - \*\*To mat o and Cucumber: No Major Allergens.

## Salads and Wraps

All Waps contain Wheat Ingredients.

Salad or Wap Additions, such as Chicken, Shrimp or Sal mon, may contain allergens not listed here. Please informyour cashier of any allergies when placing your order.

Cobb Salad/ Wap: Contains Egg and MIIk Ingredients.

Anti pasto Sal ad/Wrap: Contains Wilk Ingredients.

Caesar Salad/Wap: Contains Wheat, Fish and Milk Ingredients.

\*Greek Salad/Wrap: Contains Nilk Ingredients.

Santa Fe Salad/ Wap: Contains Wheat Ingredients.

\*\* Orange Citrus Salad/Whap: Contains Pine Nut Ingredients.

House Salad/Wap: Contains Wheat and Milk Ingredients.

#### Grilled Panini Sandwiches

Chicken Caprese Panini: Contains Wheat, and Nill k Ingredients.

\*Eggplant and Roasted Tomato Panini: Contains Wheat and Milk Ingredients.

\*Fontina and Apple Panini: Contains Wheat and MilkIngredients.

Smoked Dijon Chicken Panini: Contains Wheat, Milk and Egg
Ingredients.

Margherita Panini: Contains Wheat and Milk Ingredients.

Pesto Chicken Panini: Contains Wheat, Milk and Egg Ingredients.

Turkey Cranberry Panini: Contains Wheat and Milk Ingredients.

The Classic Ruben Panini: Contains Wheat, Milk and Egg Ingredients.

\*Garden Of Eating Panini: Contains Wheat, Milk and Egg Ingredients.

#### Her os and Sand wiches

The New Yorker Sandwich: Contains Wheat and MilkIngredients.

The Italian Hero: Contains Wheat and MilkIngredients.

Meat ball Sub: Contains Wheat and MilkIngredients.

The American Hero: Contains Wheat, Milk and Egg Ingredients.

Tuna Salad Sandwich: Contains Wheat and Egg Ingredients.

Italian Roast Pork Sandwich: Contains Wheat and Egg Ingredients.

Chicken Salad Sandwich: Contains Wheat and Egg Ingredients.

Italian Roast Beef Hero: Contains Wheat, Milk and Egg Ingredients.

Classic Cuban Sandwich: Contains Wheat, Milk and Egg Ingredients.

Turkey and Ham Club: Contains Wheat, Milk and Egg Ingredients.

Chicken Breast Sandwich: Contains Wheat and Egg Ingredients.

Avocado Chi potle Chi cken d ub: Contains Wheat, Nil k and Soy Ingredients.

## Soups and Stews

Corned Beef and Cabbage Stew Contains Wheat, and MIkIngredients.

Chicken Noodle Soup: Contains Wheat Ingredients.

\*Roasted Tomato Orzo Bisque: Contains Wheat and MilkIngredients.

\*Cuban Black Bean Soup: Contains Wheat, and Milk Ingredients.

\*\* Minestrone: Contains Wheat Ingredients.

Lobster Bisque: Contains Wheat, Nilk, Fish and Shellfish Ingredients.

Soup of Day: Allergens vary. Please make your cashier aware of any allergies.

## Basili co Special ti es

Corned Beef Platter: Contains Wheat Ingredients.

Hot Turkey Platter: Contains Wheat, and Milk Ingredients.

Hot Roast Beef Platter: Contains Wheat and Nill kingredients.

Citrus Grilled Chicken: No Major Allergens.

Chicken Balsamico: Contains Wheat, and MilkIngredients.

Chicken Piccata: Contains Wheat, and Nillkingredients.

Chicken Cacciatore: Contains Wheat and Milk Ingredients.

\*Eggplant Parmigiano: Contains Wheat, Nilk and EggIngredients.

Chicken Par migiano: Contains Wheat, Nilk and Egg Ingredients.

Chicken Cacci at ore: Contains Wheat and Milk Ingredients.

\*Baked Ziti: Contains Wheat and Milk Ingredients.

Meat Lasagna: Contains Wheat, Egg and Milk Ingredients.

Spaghetti Carbonara: Contains Wheat, Milk and Egg Ingredients.

Ricotta Cavatelli Pasta: Contains Wheat, Egg and Milk Ingredients.

Mushroom Ravidi Casserde: Contains Wheat, Milk, Egg and Soy Ingredients.

Gnocchi alla Sorrento with Chicken: Contains Wheat and Milk Ingredients.

#### Pi zzas

All pizzas come on a crust containing wheat ingredients. This may be substituted with a gluten-free crust for an additional charge

Grilled BBQ Chicken Pizza: Contains MIIk Ingredients.

Pesto and Ricotta Pizza: Contains Nilk Ingredients.

"The Greek" Pizza: Contains Milkingredients.

\* Margherita Pizza: Contains Nilk Ingredients.

Fontina, Arugula and Prosciutto Pizza: Contains Milkingredients.

Rustica Pizza: Contains Nilk Ingredients.

\*Bruschetta Pizza: Contains MilkIngredients.

\*Grilled Vegetable Fizza: Contains MilkIngredients.

\*Potato and Rosemary Pizza: Contains MilkIngredients.

Sausage and Rapini Pizza: Contains MIkingredients.

\*Granny Apple Pizza: Contains MilkIngredients.

Seaf ood Pizza: Contains Nill kand Shellfish Ingredients.

Capricciosa Pizza: Contains Nill k Ingredients.

Gyro Pizza: Contains Nill k Ingredients.

Buffal o Chicken Pizza: Contains wheat, nill kand soy Ingredients.

## Cal zones

Italian Calzone: Contains Wheat and MilkIngredients.

Panzarotti Calzone: Contains Wheat and MilkIngredients.

Philly Steak Stromboli: Contains Wheat and MilkIngredients.

## Kids Menu

Grilled Cheese: Contains Wheat and MIIk Ingredients.

Mac- N- Cheese: Contains Wheat and MIIk Ingredients.

Ham or Turkey and Cheese: Contains Wheat and Milk Ingredients.

Grilled Chicken: No major allergens.

Chicken Tenders: Contains Wheat, Milk and EggIngredients.

Pasta with Tomato Sauce: Contains Wheat Ingredients.

Pasta with Alfredo or Butter: Contains Wheat and MilkIngredients.

8" Kids Pizza Pie: Contains Wheat and MilkIngredients.

<sup>\*\*</sup>Indicates a Vegan MenuItem

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